



# STOP Binge Eating with EFT

ONE DAY WORKSHOP

Saturday : 9.30am-5.00pm

Facilitator: Vathani Navasothy -Adv Dip Eating Disorder Practitioner; MSc; BSc;  
Dip Couns; Dip Sports Psy; AAMET; ITECH; NLP Pract.

## Your Details

Name :

Name of  
Delegate

Address:

Telephone:

Email address:

NB: Light refreshments (hot drinks, juice, fruits,& biscuits ) will be provided at breaks. Lunch is not provided: local shops & restaurants are available within walking distance.

## Payment

Delegate Fee: £80

I have enclosed

- A cheque
- A postal order

Please make payable to "Awakening Dawn" or

- Send me a Paypal invoice

Please return your completed booking form to:

Awakening Dawn: Eating Disorder  
Counselling & Training Services  
56 Windsor Road  
Thornton Heath, Surrey  
CR7 8HE

Tele:0208 653 7177

Email: [vathani@bulimiahope.com](mailto:vathani@bulimiahope.com)

Signature:

Date: